

Pitts Baptist Child Development Center

140 Pitts School Road, NW ~ Concord, NC 28027 ~ (704) 786-1950

JULY 2023

Morning Snack: 9:00 am

Lunch: 11:30-12:15 (varies by class)

Afternoon snack: 3:00 pm

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	3 Sausage biscuit, milk Spaghetti & meatballs, corn, pears, milk Goldfish, milk	4 CLOSED	5 Whole grain cereal, milk Hamburger, baked beans, mandarin oranges, milk Graham crackers, milk	6 Muffins, milk Chicken alfredo, green beans, banana, milk Animal crackers, milk	7 Hash browns, milk Chicken sandwich, mixed veggies, pineapple, milk Tortilla chips, juice	8
	9 10 Yogurt, milk Meatballs & gravy, rice, peas, fruit cocktail, milk Pudding, milk	11 Nutrigrain bar, milk Chicken nuggets, black-eyed peas, peaches, milk Cereal mix, milk	12 Pancake, milk Ham & cheese wrap, carrots, pears, milk Craisins* & pretzels*, milk	13 Oatmeal, milk Lasagna, corn, banana, milk Cheese & crackers, milk	14 Fruit cup, milk Sausage, hash browns, mixed berries, milk Veggie straws, juice	15
16	17 Waffles, milk Mac & cheese, green beans, pineapple, milk Fig newtons, milk	18 Ham biscuit, milk Hotdog, baked beans, applesauce, milk Vanilla wafers, milk	19 Whole grain cereal, milk Turkey & cheese sandwich, carrots, peaches, milk Cheese crackers, milk	20 French toast sticks, milk Chicken casserole, lima beans, pears, milk Chex mix, juice	21 Cinnamon toast, milk Fish sandwich, tater tots, mandarin oranges, milk Rice krispy treat, milk	22
23	24 Grits, milk Meatball sub, corn, fruit cocktail, milk Oatmeal cookies, milk	25 English muffin w/ jelly, milk BBQ chicken, peas, pineapple, milk Granola bar*, milk	26 Cheese toast, milk Chicken wrap, green beans, peaches, milk Crackers, juice	27 Yogurt w/ granola, milk Grilled cheese, mixed veggies, banana, milk Rice cakes, milk	28 Whole grain cereal, milk Meatloaf, mashed potatoes, applesauce, milk Goldfish, milk	29
30	31 Bagel w/ cream cheese, milk Ravioli, peas & carrots, pears, milk Graham crackers, milk					

Items marked with a * will be substituted for children under 18 months when developmentally appropriate.